

The Magdala News



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*Our Mission: To love God and be
the light of Christ in the world.
(March 2017)*



From the Editors

Most Manitobans know how to embrace winter and enjoy it; however, Summer time is also very special and seems to offer a freedom of mobility and opportunity to spend time out of doors, to more of us.

We hope you have been able to find time for rest and re-creation over the past months. You may have been fortunate enough to travel or take time out at the beach, or you may have been happy and contented in your own backyard. For tourists and those who spend time in the city there is always a lot to do and many events and festivals to entertain us.

My family visited the Mint this summer and bought presentation cards displaying our Canadian coins, minted for the 150th year of Confederation. The Mint is a fascinating place to be and has welcomed many thousands of visitors this year. Up to 20 million coins are produced every day. Not only are Canadian coins minted there, but coins are made for many other countries too. Sixty different countries in the past 25 years!

Since the Mint was founded in 1908, our coins have borne the portrait of the reigning monarch on one side. This is our tradition because our governing system is that of a constitutional monarchy. In other realms and territories there

may be different customs but we know that in Roman times people would expect to see a portrait of their ruler, the emperor, on their coins. Apparently Julius Caesar was the first to put his portrait on a coin, which was highly symbolic at the time, indicative of the change in Roman society to one-man rule.

Of interest to collectors and historians, currently there is an exhibition underway in Jerusalem at the Israel Museum entitled *Faces of Power: Coins from the Victor Adda Collection*. Victor Adda was a wealthy Italian businessman who made this collection of Roman coins in the early 20th century. On display are 75 pure gold coins representing 350 years in the life of ancient Rome and the men who ruled there.

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Opinions expressed in articles or notes in this publication are those of the writer, and do not necessarily represent the opinion or policy of the Parish of St. Mary Magdalene, the Diocese of Rupert’s Land, or the Anglican Church of Canada.

The selection of material for publication is made by the editors, Heather Birtles and Therasa Hunt, c/o St. Mary Magdalene Anglican Church, 3 St. Vital Road, Winnipeg, Manitoba R2M 1Z2

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We read in three of the Gospels, the story of Jesus using a coin of the day to direct his hearers to get their priorities right and “render to Caesar the things that are Caesar’s and to God the things that are God’s”.

Most coins are flat disks and therefore have two sides. “Heads” and “tails” are useful in a coin toss when some decisions have to be made. “The other side of the coin” is an expression we often hear to present a different way of considering an issue. With Canadian coins we literally see a variety of depictions of Canadian life on the other side of our coins. The Maple Leaf, beaver, moose, loon and the schooner “Nonsuch” are on coins in general circulation. The commemorative issues remind us of special and often historical occasions such as battles fought and sporting events hosted. The Mint has led the way in introducing colour and holograms into its designs and depictions.

If as Christians we are to show our “coin” or value to the world, then we have no problem with the side which would bear the image of the one who lived and died for us and to whom we owe allegiance. A design for the other side might take more time, if we ponder what illustration might define our own pilgrimage.

For our congregation, I recommend we push the envelope from colour to hologram to video, and use the fine video Rakhel and Shiraz Kahn made for our recent celebration of the feast of St. Mary Magdalene. It shows many members of our parish family and many activities that we engage in, hoping to bring glory to God.

As fall begins, we will soon have a new Rector to encourage us in our ministries and tasks. Sincere thanks to the Wardens and all who have kept us on track over the past weeks, and to the various clergy who have celebrated the Eucharist with us and in several cases have also offered pastoral care.

Please check out the many ways you can be involved in the life of the parish as fall begins, and be sure to attend the service and picnic in St. Vital Park on September 17.

Blessings.

Heather and Theresa

Parking Lot Completed

St. Mary Magdalene is home to 27 not-for-profit community groups that use the church facilities for their programs (110,000 hours of use).

A long-time goal for parishioners was to pave the area beside the church to provide cleaner and safer access into the building. Two years ago the Rectory property was purchased by a daycare wanting to build a 48-space facility. This provided an opportunity to develop a paved parking lot between the two buildings.

The Anglican Foundation provided a grant to help with the project. The parish designed the lot so that daycare parents could use it for safe drop-off away from St. Vital Road, and seniors could use it for parking when attending programs in the church building. The church retains ownership and uses it on Sundays. Both the parking lot and the daycare opened July 4.

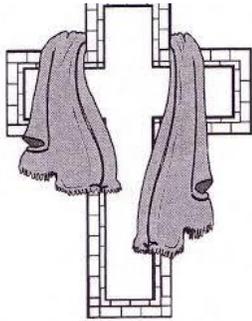
This project was a response to the call to be a Missional Church.



Prayer Shawl Ministry

Within the church community there are many ministries for us to participate in. For many years our parish has had an informal prayer shawl ministry. Knitted, crocheted and quilted shawls have been lovingly and prayerfully made for people in the parish facing illness or times of trouble.

Under the guidance of Rev. Canon Mary Lysecki this ministry took on a more formal note. On May 28, 2017 at the Sunday worship service she blessed shawls and Hope bears that she had received to pass on to those in need.



The word “shawl” came into the English language in 1662 from the Persian word shAl. Shawls have been made for centuries and are universal and embracing. They are symbolic of an inclusive, unconditionally loving God. We are excited and blessed to carry on this long tradition in our community of St. Vital and the wider world.

A group of women met in May to begin this more intentional prayer shawl ministry. The plan is to meet twice a year to share ideas and any concerns that arise. At the time of writing this article, 11 parishioners are hard at work crafting beautiful shawls. As they are made, prayers are said with the hope that the receiver of the shawl would be aware of God’s love for

them. A brochure will also be given with each shawl to offer greetings and blessings from the parish. The brochure also includes some time-honoured prayers.

As part of the ministry, infant car seat covers are being made to give to babies being baptized in our parish in joyous celebration of new life.

If you know of someone who would draw comfort from receiving a shawl or Hope bear, or would like to join the ministry please contact the church office at 204-253-0555, Barbara Crow at 204-255-2633 or Barbara Bater at 204-257-4319. Anyone wishing to give financial support to the ministry is welcome to do so. Cheques should be made out to St. Mary Magdalene Anglican Church and assigned to the Prayer Shawl Ministry.

Barbara Bater

.....a note of Thanks.....

Heather, Anna and Sarah Birtles wish to thank all members of our parish family for their prayers and many acts of kindness surrounding the illness and death of Bill. We have been truly blessed by this and will be forever grateful for these expressions of love and care.

As many of you know, a fund has been established to support the William J. Birtles award for sculpture, which will be presented at the Annual Juried Show of the Manitoba Society of Artists, of which Bill was a member.

This year’s show will be held September 17 to October 14 at the Warehouse Artworks Gallery, located at 222 McDermot Ave. The opening is on Sunday, September 17 from 2 - 5 pm and you are warmly invited to attend.

To Autumn

Season of mists and mellow fruitfulness,
Close bosom-friend of the maturing sun;

Conspiring with him how to load and bless
With fruit the vines that round the thatch-eves run;

To bend with apples the moss'd cottage-trees,
And fill all fruit with ripeness to the core;

To swell the gourd, and plump the hazel shells
With a sweet kernel; to set budding more,

And still more, later flowers for the bees,
Until they think warm days will never cease,

For summer has o'er-brimm'd their clammy cells.

Who hath not seen thee oft amid thy store?
Sometimes whoever seeks abroad may find

Thee sitting careless on a granary floor,
Thy hair soft-lifted by the winnowing wind;

Or on a half-reap'd furrow sound asleep,
Drows'd with the fume of poppies, while thy hook

Spares the next swath and all its twined flowers:
And sometimes like a gleaner thou dost keep

Steady thy laden head across a brook;
Or by a cyder-press, with patient look,

Thou watchest the last oozings hours by hours.

Where are the songs of spring? Ay, Where are they?
Think not of them, thou hast thy music too,—

While barred clouds bloom the soft-dying day,
And touch the stubble-plains with rosy hue;

Then in a wailful choir the small gnats mourn
Among the river shallows, borne aloft

Or sinking as the light wind lives or dies;
And full-grown lambs loud bleat from hilly bourn;

Hedge-crickets sing; and now with treble soft
The red-breast whistles from a garden-croft;

And gathering swallows twitter in the skies.

John Keats

Everything I need to know about life, I learned from Noah's Ark:

- *Don't miss the boat.*
- *Remember that we are all in the same boat.*
- *Plan ahead. It wasn't raining when Noah built the Ark.*
- *Stay fit. When you're 600 years old, someone may ask you to do something really big.*
- *Don't listen to critics; just get on with the job that needs to be done.*
- *Build your future on high ground.*
- *For safety's sake, travel in pairs.*
- *Speed isn't always an advantage. The snails were on board with the cheetahs.*
- *When you're stressed, float a while.*
- *Remember, the Ark was built by amateurs; the Titanic by professionals.*
- *No matter the storm, when you are with God, there's always a rainbow waiting.*

Ruth's Harvest Picnic of Bread and Dips

This article by Christopher Howse appeared on the website of The Daily Telegraph: <http://www.telegraph.co.uk/opinion/2017/08/13>

I've always found it difficult to envisage the Last Supper with the Disciples ranged round the table on couches, as prosperous Romans ate.

We don't have pictures of the Last Supper from the first centuries. The holy event tended to be represented symbolically by loaves and fishes. This connected it with the feeding of the 5,000 – and, of course, the fish, ichthus, stood as an acronym for Jesus Christ, God's Son, Saviour (Iesus Christos Theou Huios Soter).

Or the Last Supper was depicted by means of its Old Testament antitypes, such as the three guests fed by Abraham, the manna gathered in the desert or the sacrifice of bread and wine by Melchisedek.

One of the earliest surviving pictures of the Last Supper in classical style is an early 6th century mosaic at Sant' Apollinare Nuovo in Ravenna.

In a fascinatingly-illustrated new book, C. M. Kauffman, formerly of the V&A and Courtauld, points out that Jesus and the Apostles are depicted in this mosaic wearing Roman tunics and cloaks, and reclining on a stibadium, a couch set round a semi-circular table. It would have been a bit of furniture more massive than the most florid Edwardian dining table and sideboard.

Might not the people at the Last Supper in fact have sat on low cushions, as Bedouin do, with the food on a low table in the middle? No matter. Art and reality are different things,

and, as time went on, Bible scenes were, until the historicizing 19th century, depicted in contemporary dress.

Yet manuscript art was conservative, and it was a virtue to follow precedent. The stibadium arrangement is depicted in a 9th century manuscript image of the dinner enjoyed (for a time) by Job's sons and daughters, and for the guests at Belshazzar's Feast in the very stylized early 12th century manuscript from Santo Domingo de Silos, Spain, now in the British Museum.

In his book, *Eve's Apple to the Last Supper: Picturing Food in the Bible*, Professor Kauffmann is delighted by a manuscript illumination that illustrates the Book of Ruth. It is rare in showing peasants seated on the ground for their meal. Even so, they have a clean white cloth spread over their knees – to keep their clothes clean or to keep the food clean, I'm unsure.



These peasants are reapers sharing with Ruth their midday meal of bread dipped in sour wine, called in Latin acetum or in the original Hebrew chomets. It is shown in a bowl ready for dipping, balanced on top of a jug. Some of

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the men stand around with pitchforks and straw hats, and two of them have knives for cutting their bread rolls open.

Professor Kauffmann observes in his chapter on the Last Supper (which is depicted in medieval times far more often than any other biblical meal) how manuscript art and mural art influenced each other. A 6th century Gospel manuscript in Greek, from Rossano in southern Italy, shows the Disciples reclining at the Last Supper. This image was closely followed 500 years later in a wall painting at the abbey of Sant'Angelo near Capua.

Similarly, as far as style goes, the wonderful 12th century paintings on the vaults of St. Isidore in Leon (which are just as worth seeing as the celebrated stained glass in the cathedral) resemble manuscript miniatures blown up to life size.

There, as with Ruth's reapers, the shepherds sit upon the ground, one on his cloak and playing the pan-pipes, another giving his dog a drink from a bowl with a handle that he holds out for it. For us, such everyday details in old biblical illustrations add to their charm.



Autumn in Scripture

The word “autumn” is actually only used once in Scripture, in Jude 1:12 referring to false teachers as “clouds without rain, blown along by the wind; autumn trees, without fruit and uprooted — twice dead.” Some translations refer to autumn rains but the original language is actually “early rains” meaning those that fell from October on.

Be patient, then, brothers, until the Lord's coming. See how the farmer waits for the land to yield its valuable crop and how patient he is for the autumn and spring rains. (James 5:7)

Scripture doesn't provide a lot of verses with the word “autumn” but there are many that touch on the concept of harvest:

As long as the earth endures, seedtime and harvest, cold and heat, summer and winter, day and night will never cease. (Gen. 8:22)

The land yields its harvest; God, our God, blesses us. (Ps. 67:6)

Faithfulness springs forth from the earth, and righteousness looks down from heaven. The Lord will indeed give what is good, and our land will yield its harvest. (Ps. 85:11-12)

Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up. (Gal. 6:9)

No discipline seems pleasant at the time, but painful. Later on, however, it produces a harvest of righteousness and peace for those who have been trained by it. (Heb. 12:11)

Peacemakers who sow in peace reap a harvest of righteousness. (James 3:18)

Cranberry-Apple Vanilla Buttermilk Cake with Pecans

Nancy Chan says this one's a big favourite during Garage Sale week!

Special equipment

Use a bundt pan that measures 9 inches in diameter and holds 10 to 12 cups.

Use a baking spray that contains flour.

Ingredients

- 2 and 1/2 cups all purpose flour
- 2 teaspoons baking powder
- 1/4 teaspoon salt
- 3/4 cup unsalted butter, room temperature softened
- 1 and 3/4 cups granulated sugar or cane sugar
- 3 large eggs
- 2 teaspoons vanilla extract
- 1 cup buttermilk
- 1 cup dried cranberries
- 1 Fuji apple, cored, peeled, and cubed
- 1 cup pecans, chopped
- powdered sugar (for decorating)

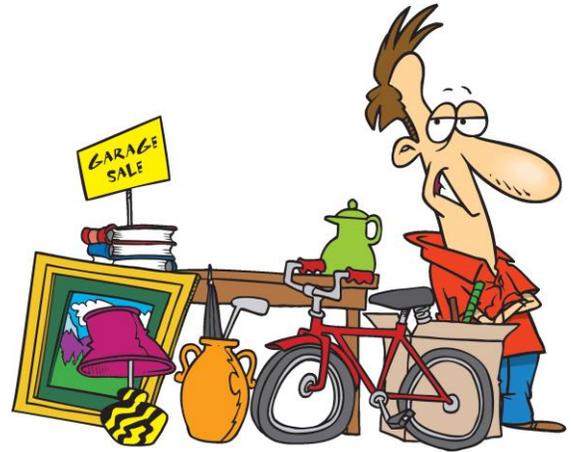
Instructions

1. Preheat oven to 350 F.
2. Soak 1 cup of dried cranberries in 1 cup of boiling-hot water, covered.
3. In a medium bowl, combine 2 and 1/2 cups flour, baking powder and salt.
4. In a separate large bowl, mix the softened butter and sugar, using mixer on high setting for about 3 minutes until even consistency is reached.
5. Add 3 eggs and 2 teaspoons of vanilla extract to the butter-sugar mixture and continue beating until well-incorporated and light in color.
6. Add the flour mixture into the butter-sugar mixture in 3 gradual steps, instead of dumping all of flour at one time. If you dump all of flour mixture into your butter mixture at one time, it will be more difficult to stir and you won't get a smooth texture.
7. With your mixer on low speed, add 1/3 of flour mixture to butter-sugar mixture, beating just a little until all is well combined. Then follow by 1/3 cup of buttermilk. Add the second 1/3 of flour mixture, beating with mixer just to combine. Follow by the second 1/3 cup of buttermilk, beating just to combine. Finally, add the third 1/3 of flour mixture, followed by the final 1/3 cup of buttermilk. Again, beat just enough to combine – make sure to not overmix or overbeat.
8. Drain the dried cranberries and wring the water out of them. Dried cranberries should be plump and juicy (it's okay if they retain some water).
9. Using spatula, fold in cranberries, chopped apple and chopped pecans into the cake batter.
10. Spray your cake pan with the baking spray. The proper way to do it is to hold the spray vertically, and spray your clean and dried bundt pan along the top edges of the pan, going all the way to the bottom. Spray the whole pan, especially if it has lots of fine detail.
11. Pour batter gently into the pan. Place the baking sheet in the preheated oven, and put the pan on top. This ensures that if you have a bundt pan with edges, the pan doesn't slant.
12. Bake for about 1 hour, until toothpick comes out clear. Remove the pan from the oven, and let it cool for 40 minutes on wire rack.
13. Place the pan in the freezer for 20 minutes.
14. Invert the pan onto a serving plate, and let it sit inverted for a bit to let the gravity do the work (it could take as little as 30 seconds or as long as 20 or even 30 minutes, depending on your bundt pan). Then, gently lift the pan and your cake should be released. Sometimes, you will actually hear your cake release. Be patient.
15. Sprinkle the cake with powdered sugar before serving.



Fall 2017 Garage Sale

Friday September 29, 9 am - 6pm
Saturday September 30, 9 am - 12 noon



Accepting donations now! Bring your donations of gently used toys, books, shoes, purses, jewelry, kitchen items, tools, small electrical appliances, furniture and clean used clothing. Place all items neatly behind room dividers in the lower hall.

Items we do not accept: entertainment units, used box springs/mattresses, pillows, childrens' car seats, strollers, cribs, baby gates, high chairs, playpens, helmets, old typewriters, computers, TVs, Reader's Digests, weekly magazine publications or encyclopedias.

How you can help:

- Set up in the lower hall will take place after service Sunday, Sept 24.
- Sorting and displaying items, Mon - Thurs 9 am - 3:30 pm.
- Folding bags.
- Be a greeter at the front door. Greet our shoppers and inform them of what we have for sale. Speak to Cathy Mondor if you want to sign up.
- Clean up Crew!!! We need lots of help from 11:45 - 1:30 on the Saturday to pack up, fold tables and put away shelving units.
- Any persons with a van or truck that we can load with boxes please speak to Cathy Mondor.
- Advertising!!! Flyers are available at the church - place them in your apartment building or pass them on to friends.

Please do not remove items before the sale; also we do not put items on hold, and there are no pick-ups and/or deliveries. Thank you.

St. Mary Magdalene Church - Calendar of Activities
September 2017 – November 2017

September	October	November
3 13th Sunday after Pentecost Eucharist 10:30 am	1 17th Sunday after Pentecost Eucharist 10:30 am	5 22nd Sunday after Pentecost Eucharist 10:30 am
10 14th Sunday after Pentecost Eucharist 10:30 am Asian Christian Fellowship 7pm	8 18th Sunday after Pentecost Eucharist 10:30 am	12 23rd Sunday after Pentecost Eucharist 10:30 am
12 Vista Park Lodge 2:30 pm	9 Thanksgiving	14 Vista Park Lodge 2:30 pm
17 15th Sunday after Pentecost Church Picnic 1:00 pm St Vital Park	10 Vista Park Lodge 2:30 pm	16 River Park Gardens 10:30 am
21 River Park Gardens 10:30 am	15 19th Sunday after Pentecost Eucharist 10:30 am	19 2^{4th} Sunday after Pentecost Eucharist 10:30 am
24 16th Sunday after Pentecost Eucharist 10:30 am Asian Christian Fellowship 7pm	19 River Park Gardens 10:30 am	22 Catherine Place 2:00 pm
26 Vestry Meeting 7 pm	22 20th Sunday after Pentecost Eucharist 10:30 am Asian Christian Fellowship 7pm	26 Last Sunday after Pentecost Eucharist 10:30 am Asian Christian Fellowship 7pm
27 Catherine Place 2:00 pm	24 Vestry Meeting 7 pm	28 Vestry Meeting 7 pm
29 & 30 Garage Sale	25 Catherine Place 2:00 pm	
30 Grand Opening Day Care/Parking Lot Project 3 pm	29 21st Sunday after Pentecost Eucharist 10:30 am	

Weekly Activities			Contact
Wednesday	Bible Study	12:00 pm	Heather Birtles
Wednesday	Choir Practice	7:30 pm	Nancy Aasland
Thursday	Christian Meditation	7:30 pm	Barbara Bater

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