

Fall/Thanksgiving 2018

The Magdala News



See how the farmer waits for the precious fruit of the earth and is patient with it until it receives the early and the late rains. You also must be patient. Strengthen your hearts, because the Lord's coming is near. James 5:7-8



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*Our Mission: To love God and be
the light of Christ in the world.
(March 2017)*



From the Editors

I sing the hymn ‘All things bright and beautiful, all creatures great and small, All things wise and wonderful, the Lord God made them all.’ to either common tune in the blue book, with as much enthusiasm as my neighbour in the pew.

But to be honest, without denying the wonders of creation, I have quite a lot of difficulty contemplating or sharing the planet with most of the creepy-crawlies and stinging and biting creatures included in this catch-all. However, having studied biology in my younger days I recognize how absolutely awesome, amazing and endlessly fascinating the whole setup is.

Though I have my likes and dislikes, I do quite well with butterflies, and very much enjoy the butterfly house at the Winnipeg Zoo. Visiting there this summer I learned that some species live quite a long time; some hibernate; some migrate. Some are large and some are small.

Butterflies have been around since the beginning of time it seems and they help to pollinate the plants they visit. Most of the butterflies we see at the Zoo are imported from Central America, but if we are lucky and observant and supply the right vegetation, we may see the occasional ‘Peacock’, ‘Swallow Tail’ and ‘Monarch’ varieties besides the more common ‘Cabbage White’ in our own yards.

In most cultures butterflies are also seen as symbolic, and in the Christian world they remind us of resurrection, transition and change. It’s easy enough to see why. If we follow their life-cycle from egg, to caterpillar, to chrysalis, to adult butterfly, we see gradual but amazing difference in each stage, with outstanding beauty at the end.

It is always good to have reminders of our faith and in nature we find many. I have often been helped by the sight of a rainbow, not just because it is a lovely thing to see, but because we know that God made a covenant with Noah and all living creatures, and sets His bow in the sky to remind us of His love and protection.

Over the past weeks Rob Hardwick, who is Bishop of Qu’Appelle, took on the challenge of

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The selection of material for publication is made by the editors, Heather Birtles and Therasa Hunt, c/o St. Mary Magdalene Anglican Church, 3 St. Vital Road, Winnipeg, Manitoba R2M 1Z2

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cycling across Canada in order to raise awareness and funds to help address issues of reconciliation. His journey has been covered in the *Anglican Journal* and also online.

In the company of other Anglicans and civic representatives including our MLA Colleen Mayer, Dayle Michaud, Margaret Jones and I (Heather) were able to meet with him at the Healing Forest beside our Cathedral when he came into Winnipeg in June. He told us of several encounters he had had with nature along the way which had been helpful in strengthening his resolve to complete the journey.

At the end of this 7,877 km journey, he has described his joy at seeing an eagle circling in the sky. This majestic bird is seen in most cultures as king of the skies and a messenger from God.

As human beings we tend to produce artifacts and images and that includes statues of the great and famous. Without entering the debate about which of these should stand, they all remind us of lives lived for good or ill. Bishop Hardwick passed the memorial to Terry Fox enroute, and it is good to remember that Terry once said “I just wish people would realize anything’s possible if you try. Dreams are made if people try”.

We are encouraged to look for Christ in one another, and this of course means in our daily rounds, but I am thankful too that in amongst the ‘stuff’ I have surrounded myself with, are many reminders of people who have helped me in the past and those who still do, help me in my pilgrimage. I imagine this is true for you too.

As Summer changes to Fall, we look forward to returning to school and regular business after a summer break and to renewing and strengthening our fellowship together. Check the parish calendar for coming events and

please be reminded that all our areas of ministry welcome new members. If you feel called to offer your gifts and talents, please make this known.

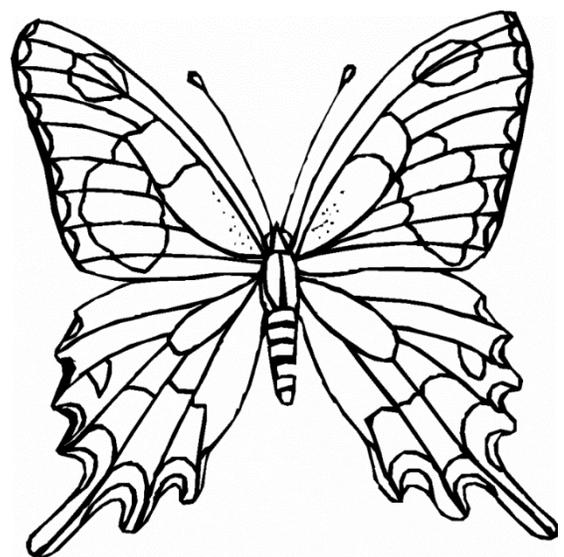
Therasa and Heather



Peacock butterfly



Monarch butterfly



A St Mary Magdalene butterfly to colour

Rector's Reflections



Way back in the spring, I spoke of gardens, planning, and how we cultivate our life together as individuals and as a community...

Well, time flies, summer seems to be wrapping up and now we find ourselves

at harvest... and the same questions seem appropriate.

In the midst of fall days, less daylight and sometimes busier schedules, how is it that we can organize our days, and cultivate our lives to make them be life-giving to us and also to our neighbours? How is it that we plan and cultivate our life *together*?

So often I have spoken to some of you, and you have told me stories of our parish community and the role it has had in your lives. You have spoken of days when you were raising your kids, or days when life collapsed in completely unexpected ways, or days when you arrived from a new place and a different church and St. Mary Magdalene just seemed like home. Others of you have also spoken of times when you have been nourished and nurtured by parishes in other places.

The times when any of us have felt supported and strengthened by our faith in **any** community are times to give thanks for – what could be better?! What could be more in keeping with God's intention?!

It is also true that as a church, as a community in the midst of a neighbourhood, a city, and the world, it is not all about us! All of us humans together need hope and community, vision beyond our own, and friends who challenge us and care for us at the same time... The Church is all of that and more...

Every week as we celebrate Eucharist (Holy Communion) as a community we bring what we have... the fruits of our labours, the hopes and dreams of all the world, the prayers we offer, our presence as the very human people that we are with longings, failings and so much more...

We give all of that to God, and of it God makes a meal. A meal for us and for everyone! A feast where the community comes together.

We eat with those we see around the table that day, but also with God's children around the world from all places and generations. We use the ordinary bread we

have used for years, but really we could just as easily eat naan or tortillas or matzah, sourdough or bannock or scones. Because the point is we are



nourished not just with bread, but with God, God's presence, God's vision, God's forgiveness, God's story of Christ giving himself for all and asking us to do the same... God's gathering us all together is what feeds us whenever we come together around the altar.

And as we eat and sing and pray, we are made into a community.

To be completely honest, I think sometimes we don't really know what to do with each other! Different as we all are, it is hard to be a community. But imperfect as we are, gathered around God's table is also the best and richest of times... Learning to know God's people and God's world, as God would have us know them... and in the process grow and grow is a fall harvest indeed!

(In case you are wondering, the eggplant harvest was okay, but the butternut squash was stupendous!)

Val

Synod Report - June 2018

An Electoral Synod was held in the Diocese of Rupert's Land on June 16. Val From was unable to attend due to another commitment. Tannis Webster, Heather Birtles and Rev. Deacon Dayle Michaud attended. Rev. Marlene Smith was unable to attend but gave notice so Shiraz Kahn was able to be there as an alternate.

Ten candidates were nominated for the position of Coadjuter Bishop and on the fifth ballot the Venerable Geoffrey Woodcroft was elected. The Synod was held in the context of the Eucharist at the Cathedral Church of St. John and was chaired by the Metropolitan of the Province, Archbishop Greg Kerr-Wilson.

Members of our parish who were involved in the preparations and support of the event included Heather Birtles (Search Committee), Tannis Webster (Lay Secretary of Synod), Barbara Bater (Prayer Partner to a Candidate), Rev. Bryan Bjerring, Daryl Melnyk and Lois Melnyk (Prayer Vigil).

A letter of congratulations and support has been sent to Geoff by the Wardens on behalf of the congregation. It is planned that he will be consecrated to this position in October and will become Bishop of the Diocese when Bishop Donald Phillips retires later in the year.

We ask you to uphold Geoff in your prayers and also to pray for continued improvement for Don as he recovers from serious illness.

The service of consecration for Bishop Geoff takes place at St. John's Cathedral on Friday, October 12 at 7 pm. A reception will follow at Holy Trinity Ukrainian Orthodox Cathedral, 1175 Main Street.

Thank you for allowing us to serve the parish in representing you.

Dayle, Tannis, Shiraz and Heather

Bea Montgomery

Bea Montgomery spent 25 years as an active and faithful member of St. Mary Magdalene, involved in all aspects of church life, from Bible study groups to helping prepare for Easter and Christmas services; even painting walls when she was in her 80s. And her life of service extended beyond her religious life: in 1999 she received the Premier's Volunteer Service Award to Outstanding Merit, and in 2001 she was honoured by the St. Vital Seniors, where she served as president, with its very first lifetime membership.

Bea passed away in February 2018 at the age of 94. At her memorial service in August, her son David read this poem that Bea wrote in 1985:

The Seasons

I walk along a country road,
musing on the wintery scene.
The clear whistle of the cardinal
floating over those snow-piled fields
suddenly brings to mind "Spring".

And then I look more closely.
The snowdrop is pushing her drooping head
through that very snow.
Why so shy, little one who is so welcome?
Quickly come the daffodils
the flags
the lilly of the valley.
Apple blossoms are like snow drifts
blanketing the orchard.
Was it just two months ago – real snowdrifts
lay there?
The flower garden progresses from tulips to iris
to roses, blooming away the lazy summer days.
The apples are plump and tempting.

But wait, the frost must touch the leaves
and overnight turn them golden and scarlet.
Then the frost-scrubbed and rosy red apples
are luscious and sweet.
Quickly gather them
before winter spreads her mantle of rest.

Lunch is served.....

On the morning of August 14, some champion sandwich makers from St. Magdalene and St. Mark’s got together in the downstairs kitchen for a great cause – providing lunch to the crew volunteering on the Habitat for Humanity St. Vital Interfaith build on Enfield Crescent.



Here is a great picture of the team hard and happily at work! You can recognize Joan Hill, Val From, Tannis Webster and Cathy Mondor. St. Mark’s was well-represented by Sharon Webster, Jillian Drozda, Karen Genthon, Susan Altomare and Marilyn Kenny.

Missing from the photo are Shiraz Khan, Heather Ferguson and Lynn Webster.

The group made more than 90 healthy sandwiches (egg salad, beef, ham, turkey and cheese), prepared bags of carrots, cucumber slices, celery sticks and small tomatoes, and provided Dad’s cookies for dessert. The 40 Habitat workers ate all but 8 of the sandwiches, with the remainder enjoyed later at the afternoon coffee break.

Apparently there hasn’t always been a great response to the request for help with lunch

preparation at these build events, and so on those days pizza is ordered. A number of people came up to say thanks for the fresh and tasty sandwiches. There was also an enthusiastic round of applause.

The chefs were told that not only was the food tasty but the presentation was impressive as well. Having the sandwiches displayed in aluminum serving trays with sheets of paper identifying the various types was attractive and very helpful as it sped along the people making the selection they preferred.

It was a fun and certainly much appreciated endeavour. Heather Ferguson, St. Mark’s coordinator, wondered if the two groups might like to do this again next year – the answer is likely a heartfelt “Yes!”

Sunday School Outing



In June, students, teachers and parents celebrated the end of the Sunday School year with a visit to the Children’s Museum at The Forks. A good time was had by all!

Sunday School resumes on September 23.

Circle for Reconciliation Begins October 6

A Circle for Reconciliation has been established at St. Mary Magdalene.

Reconciliation must inspire Aboriginal and non-Aboriginal peoples to transform Canadian society so that our children and grandchildren can live together in dignity, peace and prosperity on these lands we now share. (*Honouring the Truth*, page 6)

Participants in the circle will meet in the downstairs hall on Saturdays 2:00 - 3:15 p.m., beginning October 6 and running for 10 consecutive weeks.

There is no charge to participate, but please register by phoning Raymond Currie at 204-487-0512, or online at www.CirclesForReconciliation.ca

More information is available on the wheeled bulletin board in the upper church hall.

Newcomer Summer Enrichment Program for Children

We continued our history of supporting newcomer families by offering space this summer for a summer enrichment program for about 40 children, and by advocating for government support of the program.

The Resource Center for Student Achievement and Enrichment (RECSAE) is a local registered not-for-profit organization that provides summer learning programs and after-school tutorials for newcomer students.

Charles Bendu, vice-principal of Strathcona Elementary School in Winnipeg, is coordinator of the program, now in its second year. It provides a variety of academic, social, cultural and social opportunities over the summer that

many children from poor or struggling families would otherwise miss out on.

Unlike its first year when there was no outside financial assistance, in 2018 the program received funding from the federal and provincial governments, the Lutheran Compassionate Justice Fund, City Councillor Brian Mayes, Winnipeg Harvest, Child Nutrition Manitoba and St. Mary Magdalene parishioners.

Advocacy came in the form of St. Mary Magdalene:

- inviting MLA Colleen Mayer to see the program first-hand – which she did
- recommending to Louis Riel School Division Chair Chris Sigurdson that going forward the program be run out of a local school
- getting a front-page article in *The Lance* that included a great photo of Charles and our own Brian Crow (<https://www.winnipegfreepress.com/ourcommunities/lance/A-learning-journey-for-all-490743891.html>).



Charles Bendu and Brian Crow.
Photo credit: Simon Fuller/Canstar News/ The Lance

Grow Hope Update

St. Mary Magdalene was the first Anglican church in Winnipeg to participate this year in Grow Hope, the initiative of the Canadian Foodgrains Bank supported by the Primate's World Relief and Development Fund (PWRDF). Our parish contributed \$300 to sponsor one acre of farmland.

The initiative has three purposes:

- To grow a crop in Canada to create revenue for the alleviation of hunger around the world through Canadian Foodgrains Bank and its member, PWRDF.
- To engage urban non-farming individuals, families, churches and groups in the farming process and in the alleviation of hunger in the world by inviting them to provide funds to cover the input costs of raising a crop in Canada.
- For non-farmers to learn about farming and food production in Canada, about the challenges of food production and about the people whose lives and health depend on food relief and/or food related development projects.

On June 3, more than 200 church-goers and friends from Winnipeg, rural Manitoba, and even Germany and the United States descended on the Pembina Valley in southwest Manitoba. They attended a special Rogation Day worship service and community gathering at St. Luke's Pembina Crossing Anglican Church.

The Rev. Chris Lea is St. Luke's priest, but he's also a partner farmer in the Grow Hope project. The lands around the church have been owned by the Lea family for generations (the street running parallel to the river is named Chris and Leanne Lea Road and his great grandfather, Richard Lea, was the warden at St. Luke's for 28 years).

Rev. Lea's family donated 15 acres of land for the 2018 Grow Hope project and seeded it with wheat. Churches in the Diocese were keen to participate and raised the \$4,500 (\$300 per acre) required to cover the input costs for seed and fertilizer.

The crop has now been harvested, and the yield was about 50 bushels/acre. Final numbers were not available at time of printing, but it's estimated the proceeds will be \$400- \$450 per acre. And through the special arrangement the Foodgrains Bank has with the Government of Canada, the proceeds from the sale of the crop can be matched 3:1 for food security work or 4:1 for food aid work in the developing world.

A service of thanksgiving will be held on Sunday, September 23 at St. Thomas Anglican Church in Morden, followed by a potluck lunch. City parishioners are encouraged to attend.

For more information you can visit the PWRDF website. An 8-minute video is also available on Youtube: <https://youtu.be/S-IRZLxoyAQ>



Accessibility for Manitobans Act

Nearly one in six Manitobans is disabled by barriers where they work, live and play. Barriers to accessibility come at an enormous cost – to persons with disabilities, to their family and friends, to their communities, and also to business. By learning how to eliminate barriers, everyone benefits.

Manitoba is committed to becoming an inclusive society. *The Accessibility for Manitobans Act* (AMA) outlines a clear and proactive process to identify, remove and prevent barriers in key areas of daily living.

Non-profit organizations (including places of worship) with at least one employee must meet the Accessible Customer Service Standard, which is a regulation under the AMA that outlines what public and private organizations must do, and by when, to provide goods and services in a fair and respectful manner to all customers, including people disabled by barriers.

Marlene Smith has been researching and at the last Vestry meeting presented an accessibility standard designed to meet the AMA requirements. The document was reviewed, and at the next meeting Vestry will vote on adopting it.

Some ideas came forward as to how the parish might improve our actions and our facility to more readily meet AMA requirements. These include:

- new universal signage for the downstairs washrooms
- making a statement on a scent-free environment
- developing awareness guidelines on service animals/pets
- use of the parish website and exterior electronic notice board

- making individuals more aware of our hearing assist system
- providing large print bulletins at the Sunday Service

We will need to review the standards with the leaders of the various community groups that use the building.

Thank you to Marlene for the work she has put in so far on the church's behalf to work towards a barrier-free environment for all.

For more information on accessibility and the AMA go to:

<http://www.accessibilitymb.ca/index.html>

Dear Parishioners of St. Mary Magdalene:

*Ah, **Garage Sales** – a time of fellowship and an opportunity to get to know your neighbour. I would like to thank everyone who donated items, set up, moved, sorted, priced, sold and cleaned up at the Spring sale. You all made it a success, **raising over \$4,500**. Can we do it again?!?*

*The fall garage sale is fast approaching - **September 28 & 29**. Starting September 1 we will be accepting donations. So now is the time to do your fall cleaning. Ask your friends and neighbours to do their cleaning too. Please stack your treasures **behind the dividers** in the lower level.*

*I am also hopeful that **many hands will step forward** and help make the fall sale as successful as the spring sale. Please see the poster to prayerfully consider where you might be able to take part.*

I look forward to working with all of you to make the Fall Garage Sale a great success.

Sincerely, in Christ

*Cathy Mondor
Garage Sale Coordinator*

My mom has an apple tree in her backyard (the kind that's best for baking - that's all I know) and every fall she gives me LOTS of apples. Here's some recipes that I might try this year; maybe some of you will too.



- Therasa

Parsnip, apple and leek soup

Serves 8

1/4 cup butter
 3 leeks, white parts only, sliced
 4 turnips or parsnips, peeled, cut into 1/2-in. pieces
 900-mL carton vegetable broth
 2 cups water
 2 large yellow potatoes, cut into 1/2-in. pieces
 2 Gala apples, peeled and coarsely chopped
 1/4 cup chopped parsley
 1 tsp fresh thyme leaves
 1/2 cup 10% cream

Garnish

1 parsnip or small turnip, peeled and thinly peeled into ribbons
 1 tsp canola oil

1. Melt butter in a heavy pot over medium. Add leeks and sauté until tender, about 5 min. Stir in parsnips and cook, 5 min. Add broth, water, potatoes, apples, parsley and thyme. Boil, then reduce heat to medium-low. Simmer, covered, stirring occasionally, until potatoes are tender, about 30 min.
2. Preheat oven to 400F. Toss parsnip ribbons with oil. Arrange on a large baking sheet. Bake in centre of oven until golden and crispy, 8 to 10 min. (If using turnip, add 2 to 4 more min.)
3. Puree soup in batches in a blender. Return soup to pot. Stir in cream. Season with fresh pepper. Ladle into bowls and garnish with parsnip chips.

Easy apple tart with aged cheddar crust

Half a 400-g pkg frozen puff pastry, thawed
 1 cup grated old cheddar
 2 tsp chopped fresh rosemary, optional
 3 large apples (McIntosh or Granny Smith), peeled
 1/4 cup granulated sugar
 1 tbsp all-purpose flour
 1/4 tsp cinnamon
 1 to 2 tbsp apricot, apple or peach jam or jelly (optional)

1. Place oven rack in lowest position in oven. Preheat oven to 375F (190C). Lightly sprinkle counter with flour. Place puff pastry dough on top. Dust rolling pin with flour. Roll pastry into a rectangle, about 16×10 inches. Pastry will be very thin and edges will be uneven. Place on a large, ungreased baking sheet.
2. Sprinkle half of cheese and half of rosemary along edges of dough, forming a narrow border. Fold edges over to completely cover and press down to seal. Slice apples into thin wedges. Place in a large bowl. Sprinkle with remaining cheese and rosemary, sugar, 1 tbsp flour and cinnamon. Toss to evenly coat. Tumble apples over centre of pastry inside border. Evenly spread out and gently press down.
3. Bake on bottom rack of oven until pastry is deep golden and apples are tender, 30 to 35 minutes. Place pan on rack.
4. To glaze apples, discard any chunky pieces of fruit from jam. Place jam in a small bowl and microwave on medium-high until melted, about 30 seconds. Brush over warm apples. Let stand 10 minutes before cutting. Cut into squares and serve warm. Great with vanilla ice cream or whipped cream.

These and more apple recipes are found at <https://www.chatelaine.com/recipes/recipe-collections/apple-recipes/#gallery/sweet-and-savoury-apple-recipes/0>



Faith in Action in our community

Fall 2018 Garage Sale

Friday, September 28 from 9 am – 5:30 pm

Saturday, September 29 from 9 am - 12 pm (noon)

3 St. Vital Road (just off St. Mary's Road)



Donations can be dropped off at the church starting September 1, 2018

We accept good quality, reusable items such as gently used toys, books, shoes, purses, jewellery, kitchen items, tools, small electrical appliances, furniture and clean used clothing.

Sorry, we **DO NOT TAKE** used box springs, mattresses or pillows; children's car seats, strollers, cribs, baby gates, high chairs, playpens or helmets; entertainment units; typewriters; computers; TVs; or Reader's Digest, weekly magazine publications or encyclopaedias.

If you would like to volunteer before, during, and after the sale, we would love to have you. You do not need to be a member of the parish. Everyone is welcome.

For more information, to volunteer, or to donate, please email stmarymag.garagesale@gmail.com or call 204-256-6157

Unsold items are donated to The Salvation Army, Siloam Mission, Flavie Laurent, Children's Hospital Book Mart, St. Matthews/Maryland Community Ministry and Gary Wujrch (Bags for children in care).

All funds raised support programming in the parish.

St. Mary Magdalene Church - Calendar of Activities September 2018 – November 2018

September	October	November
2 15th Sunday after Pentecost Eucharist 10:30 am	7 20th Sunday after Pentecost Eucharist 10:30 am	4 24th Sunday after Pentecost Eucharist 10:30 am
9 16th Sunday after Pentecost Eucharist 10:30 am	9 Vista Park Lodge 2:30 pm	11 25th Sunday after Pentecost Eucharist 10:30 am
11 Vista Park Lodge 2:30 pm	14 21st Sunday after Pentecost Eucharist 10:30 am Worship Committee meeting	13 Vista Park Lodge 2:30 pm
16 17th Sunday after Pentecost Eucharist 10:30 am	17 Catherine Place 2:00 pm	18 26th Sunday after Pentecost Eucharist 10:30 am
19 Catherine Place 2:00 pm	18 River Park Gardens 10:30 am	15 River Park Gardens 10:30 am
20 River Park Gardens 10:30 am	21 22nd Sunday after Pentecost Eucharist 10:30 am	21 Catherine Place 2:00 pm
23 18th Sunday after Pentecost Eucharist 10:30 am	23 Vestry Meeting 7 pm	25 Last Sunday after Pentecost Eucharist 10:30 am Asian Christian Fellowship 7pm
25 Vestry Meeting 7 pm	28 23rd Sunday after Pentecost Eucharist 10:30 am Asian Christian Fellowship 7pm	27 Vestry Meeting 7 pm
28 & 29 Garage Sale		
30 19th Sunday after Pentecost Eucharist 10:30 am Asian Christian Fellowship 7pm		

Weekly Activities			Contact
<i>Wednesday</i>	<i>Bible Study</i>	<i>12:00 pm</i>	<i>Heather Birtles</i>
<i>Wednesday</i>	<i>Choir Practice</i>	<i>7:30 pm</i>	<i>Nancy Aasland</i>
<i>Thursday</i>	<i>Meditation</i>	<i>7:00 pm</i>	<i>Barbara Bater</i>

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